

NCPSS

NORTHERN CENTER FOR PLASTIC SURGERY

Skin Consultation Form

Name: _____ Date: _____

Address: _____ Home phone: _____

City: _____ State: _____ Zip: _____ Business Phone: _____

Date of birth: _____ Cell phone: _____

Email: _____

Single: no yes Married: no yes If yes, anniversary date: _____

Referred By: _____

Medical Information:

Diabetes	Epilepsy	Heart Disease	Pacemaker	Hemophiliac
Pregnant	Virus	Cortisone	Circulatory Disorder	I.U.D.
Anticoagulants	Hypertension	Hormonal Treatment	Glandular Disorder	Metallic Implants

Skin Disease:

Are you pregnant or lactating? Yes No Are you prone to herpes outbreaks? Yes No

Please list all medications you are taking internally, including Accutane (and when last taken):

Please list any medications that you regularly use topically, include Retin-A, AHA's:

Please list any allergies or allergic reactions: _____

How much sun exposure to you receive? A lot Average Minimal

Do you suffer from any of the following?

Milia	Acne (where): _____	Rosacea	Psoriasis
Age Spots	Hypopigmentation	Hypopigmentation	Moles
Warts	Broken Capillaries	Eczema	

Have you ever experienced the following? In the last month? No Yes

Professional Peels
Glycolic Peels
Salicylic Peels

Waxing (where): _____
TCA Peels
Medical Dermabrasion

Jessner's Peels
Laser Hair Removal
Microdermabrasio

What would you like to achieve from your treatment today? _____

Your skin care

Which of the following best describes your skin type? (Please circle one type number)

- | | | |
|-----|------------------------|----------------------------------|
| I | creamy complexion | always burns easily, never tans |
| II | light complexion | always burns, tans slightly |
| III | light/matte complexion | burns moderately, tans gradually |
| Iv | matte complexion | seldom burns, always tans well |
| V | brown complexion | rarely burns, deep tan |
| Vi | black complexion | never burns, deeply pigmented |

What skin care products are you currently using?
(LIST BRAND WHERE KNOWN)

Soap _____	Cleanser _____
Shower Gels _____	Night Moisturizer/Cleanser _____
Toner _____	Day Moisturizer _____
Body _____	Exfoliator _____
Lotions _____	Makeup Products _____
Mask _____	Scrubs _____
Sunscreen _____	Other _____
Eye Product _____	
SPF _____	

What areas of concern do you have regarding your:
Skin: (Please check any that apply and explain)

- | | | |
|--|--|---|
| <input type="checkbox"/> Breakouts/acne | <input type="checkbox"/> Wrinkles/fine lines | <input type="checkbox"/> Dull/dry skin |
| <input type="checkbox"/> Broken Capillaries | <input type="checkbox"/> Rosacea | <input type="checkbox"/> Uneven skin tone |
| <input type="checkbox"/> Blackheads/whiteheads | <input type="checkbox"/> Flaky Skin | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Sun Damage | <input type="checkbox"/> Redness | |
| <input type="checkbox"/> Excessive Oil/ shine | <input type="checkbox"/> Dehydrated | |
| | <input type="checkbox"/> Sun spot/brown spot | |

Are you enrolled in a Section 125 Health Savings Account (HAS), Flexible spending Account (FSA) or Health Reimbursement Account (HRA)? Yes No

I hereby certify to the best of my knowledge that the answers I have given are correct. I also do not have any medical condition(s) or received advice from my medical provider that would prevent me from receiving the treatments I have selected. Furthermore, I agree to hold harmless Northern Center For Plastic Surgery from any and all liability relating to any injury that may sustain as a result of having the aforementioned medical condition(s).

Signature: _____ Date: _____